

CULTURAL

- **Asian Health & Service Center** –
503-872-8822, 9035 SE Foster Rd.,
Portland
- **Bienestar de la Familia** – 503-988-3509
6736 NE Killingsworth St., Suite 100, Ptlid.
- **Domestic Violence Resource Center** –
503-469-8620 – 24 hour crisis line
503-235-5333 – Confidential Shelter
503-640-5352 – Counseling Services for
children ages 5 and up
- **El Programa Hispano** – 503-669-8350
333 SE 223rd Ave., Suite 100, Gresham
Serves the Latino community
- **Immigrant & Refugee Community
Organization (IRCO)** – 503-234-1541
Translation 503-234-0068
10301 NE Glisan St., Portland
- **Jewish Family and Child Service** –
503-226-7079 – 1221 SW Yamhill St.,
Suite 301, Portland
- **La Clinica de Buena Salud** –
503-988-3991 – 6736 NE Killingsworth St.,
Portland
New patients 503-988-5558
- **Lutheran Community Services** –
503-231-7480
605 SE Cesar E Chavez Blvd., Portland
Russian speaking therapist
- **Native American Youth & Family Center
(NAYA)** – 503-288-8177
5135 NE Columbia Blvd., Portland
www.nayapdx.org
- **Racial Equity Support Line** –
503-575-3764 – Support for those who are
feeling the daily impacts of racist violence
and micro aggressions or struggles with
immigration or other cross-cultural issues
- **Russian Oregon Social Services** –
503-777-3437
7931 NE Halsey St., Suite 304, Portland
- **Self-Enhancement, Inc.** – 503-249-1721
3920 N. Kerby Ave., Portland

School Contact Information

David Douglas High School
1001 SE 135th Ave.
Portland, OR 97233

North Office phone number: 503-261-8300
Fax: 503-261-8399

South Office phone number: 503-261-8307

Principal: John Bier - 503-261-8300

Assistant Principals:

Greg Carradine - 503-261-8312

Rolando Florez - 503-261-8382

Denise Pierson - 503-261-6500 x8491

Joe Talley - 503-256-6500 x4410

Linda Vancil - 503-261-8316

Counseling Office: 503-261-8309

Counselors:

A - Ca Zachary Pace - 503-261-8349

Cb-F Sarah Hunt - 503-261-8319

G-Kd Grace Carter - 503-261-8259

Ke-MohamI Sabrina Sommer - 503-261-8351

Mohamm-P Kagan Young - 503-261-8370

Q-Th Candace Ruscitti - 503-261-8321

Ti-Z Shawna Myers - 503-261-8320

School Social Worker:

Caty Buckley - 724-497-2332

Counseling Secretaries:

Jo Sinclair - 503-261-8348

Naomi Schneider - 503-261-8322

Registrar: Sherri Raethke - 503-261-8318

Attendance Office: 503-261-8353

Athletics/Activities Office: 503-261-8325

Career Center:

503-261-8339

Staff Voice Mail Directory: 503-256-6500
Email address: firstname_lastname@ddsd40.org

DAVID DOUGLAS HIGH SCHOOL



A Resource Directory for Parents and Students

2020-2021

COUNSELING RESOURCES

- **Albertina Kerr Youth and Family Services** – 503-408-4705 – Access/Intake
- **Cascadia Behavioral** – 503-674-7777
- **Dougy Center** – 503-775-5683
3909 SE 52nd Ave., Portland - Grief Resources
- **Harry's Mother** – 503-233-8111
24-hour crisis line, shelter
- **Kaiser Permanente** – 503-249-3434
- **LifeWorks NW** – 503-645-9010
- **Lutheran Community Services** – 503-231-7480
605 SE Cesar E Chavez Blvd., Portland
Russian speaking therapist
- **Metropolitan Family Service** – 503-232-0007
- **Morrison Child and Family Services** – Intake #: 503-258-4381 – OHP only
912 NE Kelly Ave., Suite 200, Gresham
1507 NE 122nd Ave., Portland
- **Oregon Behavioral Health Support Line** – 1-800-923-HELP (4357)
- **Trillium Family Services** – 503-234-9591
Outpatient Services, Day Treatment
- **William Temple House** - 503-226-3021

CRISIS RESOURCES

- **Care Oregon** – 503-416-4100
- **Child Abuse Hotline** – 503-731-3100
- **Dial 211** – to connect to range of social services
- **Harry's Mother** – 503-233-8111
24-hour crisis line, shelter
- **Multnomah County Crisis Line** – 503-988-4888
24-hour crisis line
- **National Suicide Prevention Lifeline** – 1-800-SUICIDE (273-8255)
- **New Avenues for Youth** – 503-224-4339
- **Safe & Strong Helpline** – 1-800-923-HELP (4357)
- **Sexual Assault Resource Center** – 503-640-5311
- **Youthline** – 503-244-1611, 1-877-Youth911 (968-8491) – 24-hour youth help line, Text TEEN2TEEN to 839863 7 days a week 4:00pm-10:00pm

DOMESTIC VIOLENCE

- **Call to Safety** – 503-235-5333, 1-888-235-5333 – 24 hour crisis line
Information and referrals for domestic and sexual violence, stalking, victim assistance, infrequent funding for transportation and motel, & support groups for survivors of sexual assaults
- **Domestic Violence Resource Center** – 503-469-8620 – 24-hour crisis line, 503-235-5333 – Confidential shelter
503-640-5352 – Counseling Services for children ages 5 & up
- **Multnomah County** – 503-988-3022
Restraining orders, Court advocates
- **National Domestic Violence Hotline** – 1-800-799-SAFE (7233) – 24 hour crisis line
- **Raphael House of Portland** – 503-222-6222
24 hour crisis line – safe, confidential, short term emergency shelter for women and children

DRUG AND ALCOHOL

- **Al-Anon/Alateen** – 503-292-1333
www.al-anonportlandoregon.org
- **Alcoholics Anonymous** – pdxaa.org
503-223-8569 – 24 hour hotline
- **Cascadia Behavioral Services** – 503-674-7777
- **LifeWorks NW** – 503-645-9010
- **Narcotics Anonymous** – 503-345-9839
24 hour hotline
- **Oregon Tobacco Quit Line** – 1-877-270-STOP (7867)

FOOD/SHELTER/CLOTHING

- **Boys and Girls Aid** – 503-222-9661
- **Catholic Charities** – 971-222-1880, 503-231-4866
- **Fair Housing Information and Referral** – 1-800-424-3247
- **Harry's Mother** – 503-233-8111
24-hour crisis line, shelter
- **Human Solutions** – 503-548-0200
12350 SE Powell Blvd., Portland
- **Oregon Food Bank** – 503-282-0555
- **Oregon Trail Card** – 1-888-997-4447
- **Portland Adventist Community Services (PACS)** – 503-252-8500, 11020 NE Halsey St., Portland
- **Self Sufficiency** – 971-673-2550
8129 SE Malden St., Portland
- **SnowCap Community Charities** – 503-674-8785
- **St. Vincent De Paul** – 503-235-8431
8101 SE Cornwell St., Portland
- **Sunshine Division** - 971-255-0834 - 12436 SE Stark St
- **William Temple House** – 503-226-3021

HEALTH CARE/CLINICS

- **Mid County Health Center** – 503-988-3601
12710 SE Division St., Portland
- **Multnomah Co. School Based Health Centers:**
Services for Students in Grades K-12
Free services to those without health insurance, insurance companies billed for those with health insurance
Centennial Campus SBHC – 503-988-5488
3505 SE 182nd Ave, Gresham
David Douglas Campus SBHC – 503-988-3554
1034 SE 130th Ave, Portland
Parkrose Campus SBHC – 503-988-3392
12003 NE Shaver St., Portland
- **Oregon Lions Sight & Hearing Foundation** – 503-413-7399,
971-270-203 – adults needing assistance
- **Oregon SafeNet** – 1-800-723-3638 - hotline to get information about caring for and raising children
- **Outside In** – 503-535-3800
- **Planned Parenthood** – 1-888-875-7820
14601 SE Division Street
- **Pregnancy Resource Center** – 888-875-7820 -
5117 SE Powell Blvd. Suite 3
- **Russian Oregon Social Services** – 503-777-3437

HOTLINES

- **Center for Disease Control and Prevention** – 1-800-CDC-INFO (232-4636)
- **Multnomah County Crisis Line** – 503-988-4888
24-hour crisis line
- **National Child Abuse Hotline** – 1-800-4-A-CHILD (422-4453)
- **National Domestic Violence Hotline** – 1-800-799-SAFE (7233) – 24 hour crisis line
- **National Drug & Alcohol Treatment Hotline** – 1-800-662-HELP (4357)
- **National Runaway Hotline** – 1-800-RUNAWAY (786-2929), 1-800-621-4000
- **National Sexually Transmitted Disease Hotline** – 1-800-232-4636
- **National Suicide Prevention** – 1-800-273-TALK (8255)
- **National Youth Crisis Hotline** – 1-800-442-HOPE (4673)
- **Oregon HIV/STD Hotline** – 503-223-2437, 1-800-777-2437
- **Panic Disorder Information Hotline** – 1-800-64-PANIC (72642)
- **Racial Equity Support Line** – 503-575-3764
- **Safe + Strong Helpline** – 1-800-923-HELP (4357) behavioral health screening, counseling services, and referrals to available mental health and substance use recovery providers
- **211info.org** – Website with information on local resources

PARENTING RESOURCES

- **Dougy Center** – 503-775-5683
3909 SE 52nd Ave., Portland
- **Oregon Family Support Network** – 503-363-8068, www.ofsn.org – Non-profit organization where families who have children and adolescents with any type of mental, emotional or behavioral disorders support each other, support groups available
- **Oregon SafeNet** – 1-800-723-3638 - hotline to get information about caring for and raising children
- **Stand Up Parenting** – 503-228-5087,
1-888-Parent-9 (727-3689)
3435 SE 112th Ave., Portland
www.standupparenting.org – Self help program for adults troubled by unacceptable behavior from adolescents or adult children. Support groups offered Thursday only from 7:00-8:45 pm. Cost is \$20 to join and \$5 each week per family.

RECREATIONAL ACTIVITIES

- **Boys and Girls Club** – 503- 954-1428
- **Girls Inc** – 503-230-0054
- **East Portland Community Center** – 503-823-3450 – 740 SE 106th Ave, Portland

Updated 10/2020