

Let's Get Real- Virtual Lunch Chats

A chance to socialize, share ideas, and voice concerns and struggles.

We are offering various groups on **Tuesdays at 1pm** with skilled facilitators and also with a DDHS staff person. There is something for everyone! So after class, grab some grub and connect!



RACE TALKS

Come and discuss issues about race with a diverse group of students and staff.

You don't have to have all the answers to join but just be willing to learn and share. Some of the group topics will be:
What's race got to do with it?

Acknowledging our different perspectives

I'm not a spokesperson

Privilege - What is it? Who has it? Acting white/black/etc...

Black Lives Matter and Policing

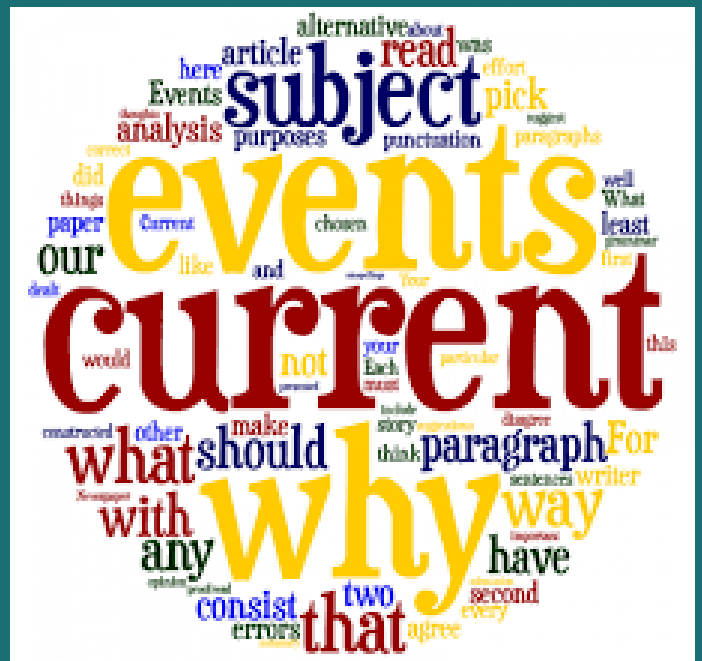
OR whatever you students want to discuss!

JOIN ZOOM MEETING

[HTTPS://ZOOM.US/J/98356487477?
PWD=MMNEVVKOYNY3WNPDTWRXL2VNU
0LEQT09](https://zoom.us/j/98356487477?pwd=MMNEVVKOYNY3WNPDTWRXL2VNU0LEQT09)

CURRENT EVENTS

This will be an opportunity to join Ms. V'Marie to talk about what is happening for YOU and what YOU are concerned about, like: vaccines, school stressors, relationships, music, shows you liked, concerns about the future, social justice and advocacy. There will also be time for socializing and getting to know other students at the school.



Zoom Link: [https://us02web.zoom.us/j/88918201043?
pwd=am9VN3pZNlg0WG5Scm9sTGloUzRpUT09](https://us02web.zoom.us/j/88918201043?pwd=am9VN3pZNlg0WG5Scm9sTGloUzRpUT09)



WELLNESS VIBES

Join Trillium Staff to talk about things like: Self-care, depression, anxiety, stress, how to communicate like a pro, and so much more! This will be a great opportunity to learn more about yourself and others! Join them on TUESDAYS at 1pm!

Zoom Link:

[https://trilliumfamily.zoom.us/j/946855
09006](https://trilliumfamily.zoom.us/j/94685509006)

PASSWORD: welcome

THERE IS NO COMMITMENT!
YOU CAN JUST DROP IN!

IF YOU HAVE ANY QUESTIONS, YOU CAN CONTACT:

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