

## Important things to remember...

- Foreign language credit is not required for graduation. However, if you plan to attend a 4-year college immediately after high school, 2 years of a foreign language is required for admission
- The SAT or ACT is required for admission to most 4-year colleges. *If you plan to attend a community college (Mt. Hood, PCC, Clackamas) you do not need to take the SAT or ACT*
- Each year, during forecasting, students take time to choose their courses for next year. Take this seriously and plan for your future!
- Start thinking about your career and college options today. Talk with friends, family and teachers about their educational paths if you are unsure what to do next!
- Money, and paying for college is often the biggest concern when discussing post high school plans. Financial aid is available! Talk with you counselor or the College and Career Center to learn more
- Make sure to visit the DDHS Counseling Office website @ <https://hs.ddouglas.k12.or.us/ddhs-counseling-department/>

## What to do after David Douglas HS?

**4- Year College:** (Examples: Portland State University, University of Oregon, Oregon State University, University of Washington, Stanford)

- Vary in size, cost, admission requirements, and majors offered.
- Need to take College Prep courses such as Foreign Language, Algebra 2/Integrated 3, Science, etc.
- Also need to take the SAT or ACT.

**2 – Year College/Technical Program:** (Examples: Mt. Hood Community College, Portland Community College, Clackamas Community College)

- Affordable programs that you can complete in 2 years or less, or you can transfer your credits to a 4 – Year College.
- You will need to complete a College Placement Test (not the SAT or ACT).

**Military:** (Army, Navy, Air Force, Coast Guard, Marines, Reserves or National Guard)

- Offers qualified individuals a good salary and free job training for service in the military

**Visit :** [www.collegescorecard.ed.gov](http://www.collegescorecard.ed.gov) to learn more about 2 and 4 year colleges

## David Douglas High School Academics



We strive to empower all students to reach their fullest potential through academic, social, emotional and career development

-DDHS Counseling Office Mission

## Graduation Requirements

1 year = 1 credit

25 credits are required to Graduate

2.0 Cumulative GPA

- 4 credits of English
- 3 credits of Math (Integrated 1 or higher)
- 3 credits of Social Studies
- 3 credits of Science
- 2 credits of Fine Arts
- 1.5 credits of Physical Education
- 1 credit of Health
- 0.5 Digital Literacy
- 0.5 PACE
- 6.5 credits of Electives

Reading, Writing, and Math Essential Skills must be passed to graduate.

Wondering if you are on track to graduate?

Ask your counselor about Half Grad!

### LOOKING FOR ADDITIONAL WAYS TO EARN CREDIT?

- Failed classes can be recovered in Summer School, after school Credit Recovery, or in your schedule
- We offer work experience credit, foreign language testing for credit, Driver's Ed, and others. Check with your counselor to find out more!
- Interested in earning college credit? Through our partnerships with various Colleges you can! Ask your counselor for more information

## SAMPLE 4-YEAR PLAN

<u>Freshman Year:</u>	<u>Sophomore Year:</u>	<u>Junior Year:</u>	<u>Senior Year:</u>
English I	English 2	English 3	English 4
General Science	Biology	Science	*Economics
Math	Math	Math	*US Gov't
Freshman PE	Global Studies	US History	Electives
*Digital Literacy	*PACE	Electives	
Health	*PE Elective(s)		
Electives	Electives		

\* Indicates 0.5 credit

## BE A SUCCESSFUL STUDENT AT DDHS!

### COLLEGE & CAREER CENTER

Are you wondering what to do after High School? Looking for scholarships? Come to the College and Career Center in room 124 with all your post High School questions and needs

Contact: Jen Charlton/ Martin Rodriguez  
jen\_charlton@ddsd40.org  
martin\_rodriguez@ddsd40.org  
503-261-8353

### GET HELP AT THE SCOT'S CENTER

FREE tutoring for students who need help with homework during or after school in room 122

Contact: Galen Schmitt  
galen\_schmitt@ddsd40.org  
503-896-5906

### INTERESTED IN ATHLETICS?

Visit the athletics/ activities office in room 102.

Contact: Stephanie Matthews  
Stephanie\_matthews@ddsd40.org  
503-261-8325

### GET INVOLVED! VISIT THE SUN OFFICE

After-School Enrichment Classes and Clubs in room 121

Contact: Tianna Sly  
tiannas@selfenhancement.org  
503-262-4431

### DO YOU HAVE A PHYSICAL OR MENTAL HEALTH NEED?

Visit the **School Based Health Center** (located right next to the high school) for routine check-ups, sports physicals, vision screenings, Oregon Health Plan information and much more  
503-988-3554

**Trillium Family Services** offers counseling support, talk with your School Counselor to find out more and get connected

**Check in with the School Nurse**, located in the North Building, room 151 and the South Office

**Talk with your teachers!** They see you every other day and are there to help

**Call the community resource number, 211.** Free guidance and information regarding various health and social services

**Ask your counselor** for a comprehensive list of community resources, or stop by the counseling office!