

# David Douglas Scots Athletics

## Fall Sports - Clearance

**Athletic Secretary/Bookkeeper will be in North Office from 8am to 4pm**

**Monday, August 8 through Friday, August 12 2016**

**DDHS North Office - 1001 SE 135th - 503-261-8325**

### Athletic Participation Requirements

The following requirements for participating in athletics must be completed and on file in the athletic office **prior to practice or tryouts**. Athletic and physical forms are in the athletic office or on the DDHS website.

- \* Have passed 5 classes the previous semester and be enrolled in and passing 5 classes for the current semester.
- \* Students must earn minimum credits required to graduate from David Douglas according to OSAA guidelines.
- \* Have a current physical on file – OSAA physical form required.
- \* Have parent permission, emergency and code of conduct forms filled out and signed.
- \* Have verification of medical insurance or purchase school insurance.



**HAVE PAID PARTICIPATION FEE PRIOR TO TRYOUTS**  
**\$100 first sport, \$100 second sport, 3rd sport free**

**David Douglas School-Based Health Center will be offering physicals through June 20. Call or stop by for an appointment (503)988-3554. They will reopen August 22nd. Summer physicals will be available at Parkrose HS Monday through Friday from 8:30am to 5:00pm. Call for an appointment (503)988-3392.**

### Physical Exam Information for Student Athletes

The Oregon Legislature has mandated that all schools require physicals for 9<sup>th</sup> and 11<sup>th</sup> grade students participating in athletics. They have also mandated that all students use the form recommended by the OSAA. This law took effect in the fall of 2002. To comply with the law and provide the safest possible environment for our students, David Douglas High School has established the following policy for athletic physicals.

- \* **All freshmen and juniors are required to obtain a physical recorded on the OSAA physical form.**
- \* **All other students must have a physical on file and complete the interim form for athletic clearance.**

We strongly recommend that any student who has a family health care provider familiar with their medical history obtain their physical from that person. The **OSAA physical form** to be filled out by a doctor may be picked up in the DDHS Athletic Office or is on the high school website.

### Fall Sports Starting Dates and Information

<b>Sport</b>	<b>Cross Country</b>	<b>Football</b>	<b>Soccer-Boys</b>	<b>Soccer-Girls</b>	<b>Volleyball</b>	<b>Water Polo</b>
Head Coach	Cameron Cross	Josh Dill	Logan Marquardt	Gary Maass	Janeen Rainey	Bob DeRoest
Start Date	August 15	August 15	August 15	August 15	August 15	August 15
Location	Stadium	Football Fields	Soccer Fields	Soccer Fields	North Gym	Pool Building

### Team Schedules for First Week of Practice

<b>Monday, 8/15</b> 9am-Football 3pm-Football	<b>Tuesday, 8/16</b> 12pm Football	<b>Wednesday, 8/17</b> 9am-Football 3pm-Football	<b>Thursday, 8/18</b> 12pm Football	<b>Friday, 8/19</b> 9am-Football 3pm-Football
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**To find team schedules go to: [highschoolsports.net](http://highschoolsports.net) or DDHS website.**

**Email: [greg\\_carradine@ddsd40.org](mailto:greg_carradine@ddsd40.org) or [stephanie\\_matthews@ddsd40.org](mailto:stephanie_matthews@ddsd40.org)**

